

In moving more towards adulthood, everyone needs group friendship opportunities.

OHEYS is offering an Adventure Nights program for teens to young adults with autism/Asperger's who are interested in meeting new people, hanging out with friends, and learning new skills in a group setting with general support. Our goal is to provide a group activity where the focus is to connect with friends and be social around common interests while also engaging in new physical activities. Participants will be able to help plan future events. Refreshments and snacks will follow the group activity.



## Program Information:

- Runs from **6:30 - 8:00 PM**. **Drop off and Pickup are at the same location.**
- Admission is **\$20 per day**. This includes admission to the venue, trained staff support and snack.
- Transportation assistance may be available
- Participation limited to 20 attendees (4-1 coach ratio)

## Program Dates:

### 1. TUES, JULY 9 - Gym / Cooking Night

- Full use of gym equipment (trampoline, scooters, balls, balloons, parachute, cup-stacking) and board and card games at OHEYS Camps after-hours at 1771 Pembina, Fort Garry MB Church! Show off your cooking skills and learn to make something new!

### 2. TUES, JULY 16 - Canoeing & Park Hangout

- Canoe ride up & down the river at La Barriere Park, then snack and hanging out in the park. Canoes & equipment provided by [winnipegcanoerentals.com](http://winnipegcanoerentals.com)

### 3. TUES, JULY 23 - Archery & Pizza Party

- Archery and a pizza party at Heights Archery at 2281 Portage Ave.

### 4. TUES, JULY 30 - Team Bowling & WINDUP – Alpine Lanes

- Team bowling and windup at Alpine Lanes! (20 Alpine Ave).

Registration available here:

<https://goo.gl/forms/6mthEtsDDSnvgvu02>