

OHEYS Jobs & Sports Teen Work Experience Camp Program Outline

Registered Charity #86117 9083 RR0001

The demand for individualized summer services for older youth with Asperger's/High Functioning Autism is high and is a need not currently being met. Youth of this age need an adolescent-based activity program that goes beyond a camp program typically enjoyed by younger children, yet still strives to meet their current and future developmental needs. For these youth, that means early training on employment and job-related skills and continuing life-long fitness that is fun, challenging and part of a life-style.

OHEYS "Jobs & Sports" is an adolescent activity based program, which addresses these two challenging areas: potential employment and lifelong physical activity. It provides learning opportunities which impact in a significant, meaningful way. Lunch is provided by camp to encourage social communication and sharing of experiences with the group.

Two key instructional components are included:

1) JOBS – get ready for the reality of employment – see the possibility!

Research has shown that the social part of the working world is extremely challenging for older youth with autism/Asperger's. With awkward social interactions and difficulty in 'thinking on the spot', they need more preparation, planning and practice to be successful in jobs.

This program gives youth the opportunity to:

- gain exposure to the employment process, discuss potential areas of future job interest, practice job interviews through role-play.
- practice greater organizational self-management, be 'on time', learn about the responsibilities and expectations of potential employment, plan for a paycheck.
- observe good role-models in a supporting and encouraging environment at worksite sponsor locations (prior worksite sponsor locations include: Giant Tiger, Safeway, Sobeys, Shoppers Drug Mart, CM University Kitchen, Petland Kenaston, Riverwood Square Seniors Complex, Petland Pembina, Landscape Maintenance, and more!
- work for 2 hours per day at several different work-site sponsor locations and earn minimum wage, paid at the camp windup on Fridays
- discuss interpersonal communication and smooth social interactions with supervisors, co-workers, customers and with fellow campers.
- practice conversational skills and small talk with the 'phone-a-camper-friend' evening assignment

2) "SPORTS" – Work, then play. Encourage continuing life-long recreation/sports activity.

Youth with autism/Asperger's tend to be more awkward in motor skills, lean towards inactivity generally, have often fallen far behind peers in this area due to their central nature of their disability. Typically, they may not be involved in group or team sports activities, or have a plan for active fitness that involves others beyond their immediate family. Having active physical activity and fun with friends are combined to offer a program that provides the necessary social, behavioural and physical skills guidance appropriate to this age group. Sports skills development for these youth typically is not met by traditional summer programs. A higher level of direct skill-based and social-interaction instruction, as well as individualized feedback, is usually needed for these youth to feel successful and to enjoy the game.

Our goal is also to encourage the incorporation of physical activity and sports into their lives on a regular on-going basis. "Go to work – then go work out". We try to:

- encourage physical activity and modified sports on an on-going basis for life-long health and wellness.
- work on social/communication and experience-sharing aspects of participation in group activities.
- promote enjoyment of fitness and fun with friends through active field trips
- offer basic sports skill instruction to enjoy success during team sports and group activities.
- offer direct social skill instruction and role-play to promote good sportsmanship and verbal communication.
- emphasize the enjoyment and health-related aspects of fitness for life and peer social involvement.

APPLICATION FORM, 2020

OHEYS 1-Week Jobs & Sports Teen Work Experience Camp Program

Child's Name (print clearly): _____ boy _____ girl

Birthdate: _____ Age: _____ Grade (at Sept. 2020): _____

Name of school youth is attending: _____ School Division: _____

Parent(s) Names: _____

Address: _____ P/Code: _____

Telephone: _____ email (strongly recommended): _____

Name of your child's CSS Worker (Children's Special Services): _____

CSS Tel: _____ email: _____

- ☐ **Camp Week #1 Monday July 13 - Friday July 17, 2020 9:00 am – 4:00 pm**
- ☐ **Camp Week #2 Monday July 20 - Friday July 24, 2020 9:00 am – 4:00 pm**

General Information:

- ✓ **Registration in this program is for teens with Asperger's or HF Autism/PDD, as the goal is to work on peer social and employment related skills. PARTICIPANTS MUST BE WILLING TO PARTICIPATE IN ALL PROGRAM ACTIVITIES, including group work tasks, phone-a-friend evening assignments, peer conversations, and indoor/outdoor activities.**
- ✓ 9:00 – 4:00 pm. Drop-off is 8:45 am. Includes lunch/snacks. Maximum 22 participants weekly.
- ✓ The site location is the Fort Gary MB Church at 1771 Pembina Hwy. Pick-up/Drop-off is entrance from the back parking lot.
- ✓ EARLY AM - Group Meeting/Small group work on interpersonal skills, friendship strategies, communication at work (coworkers, customers and supervisors) and at play (lunch and sports activities with friends).
- ✓ LATER AM – Youth go to a Worksite Sponsor job site, work 2 hours and are paid minimum wage. This is a job; Participants will have the option of working at up to 5 sites. Brief practice interviews may be conducted on site with sponsor staff.
- ✓ LUNCH – the camper/coach group prepares and eats together. Lunch is at the camp site and is included.
- ✓ AFTERNOON – will be organized sports/physical activity either at the camp site gym or at Sports Sponsor site. Sports activities may include (fitness training session, basketball, floor hockey, baseball etc). All activities will be focused on skill development in a fun atmosphere. Physical activity participation is part of a healthy lifestyle as is having fun with friends.
- ✓ Two Pool trips are planned according to the weather, so swim/gym clothing is to be brought every day!
- ✓ Photo pages of the week's experience will be produced to facilitate discussions on your youth's experiences, and for assistance with sharing experiences with family and friends outside camp. Application to the camp constitutes your permission for your youth to be photographed for inclusion in participant photo pages (eg. peer and/or group shots may be included) and for camp media at the end of the week to be posted to the website.
- ✓ If your youth is eligible and is accepted, a planning meeting will be set up prior to camp to discuss and set goals and objectives with you and your youth, to ensure a successful camp experience.
- ✓ Liability, Transportation & Photo Waivers must be signed by parents of all youth accepted to the program (at the interview).

Program Cost – Registration fees are **\$360/week**. Includes lunch and field trips. **\$116.50 is paid back in wages to campers at the end of the week (2020 MB min. wage \$11.65 x 10 hrs = \$116.50).** Registration fee applies to all camper applications. Your youth should be supported by MB CSS through the summer camp support program (see attached) if your youth is NOT supported, please contact OHEYS.

Please email or mail this application form or any inquiries to:

OHEYS "Jobs/Sports" Work Program 61 Linacre Road, Winnipeg, Manitoba R3T 3G7 Tel: 204-275-1498

Website: www.OHEYS.org email: OHEYSAutismPrograms@gmail.com

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OHEYS Summer Programs

Youth Eligibility Information re: CSS Summer Funding

Manitoba Children's disABILITY Services (CSS) has indicated to OHEYS that they may provide staff funding for children who are open to their program and who attend summer programs, such as this one. OHEYS hires and trains its own staff for all of our summer programs. In order for OHEYS to receive funding support from Manitoba Children's disABILITY Services, your child must meet certain eligibility criteria. Please contact Bennetta Benson, OHEYS Tel: 204-275-1498 if you have ANY questions regarding eligibility.

Youth Eligibility:

1. Your youth must be 'school-aged'.
2. Your youth must be "open and eligible" for services under Manitoba Children's disABILITY Services. This means that your family is already receiving services through their program and has a Family Services Worker assigned to your family.
3. Under Manitoba Children's disABILITY Services guidelines, youth may be considered for a maximum of two weeks of support for any summer day-camp program or one week of support for a residential (overnight) camp. This means that the OHEYS summer camp program would count for one of the two weeks maximum for summer day-camps. Should you wish to consider the OHEYS option, you must discuss in advance this with your Family Services Worker, and RECEIVE prior approval for funding. THIS "JOBS/SPORTS" PROJECT MAY RECEIVE SPECIAL CONSIDERATION FOR LATE APPLICATIONS TO CSS FOR FUNDING IF YOU ARE JUST LEARNING ABOUT THIS CLOSER TO THE SUMMER.

See Manitoba Children's disABILITY Services information and contacts on the Internet
http://residents.gov.mb.ca/reference.html?d=details&program_id=15

Family Registration Process:

1. Families should contact OHEYS by telephone or email to indicate their interest in registering their youth for the camp program. A "CAMP APPLICATION FORM" will be provided and must be returned as soon as possible. We will discuss with you your youth's needs and if this camp is an appropriate placement.
2. Families must contact their youth's Family Services Worker and tell her/him that they wish to register for the OHEYS 1-week day J&S Camp. Families can inform their Family Services Worker that this program has been previously approved for CSS staffing funding support, provided their youth is eligible.
3. The Family Services Worker, together with the family, will determine the youth's eligibility for this camp and for funding support (eg. the two week summer camp maximum, school-aged, service not duplicated, etc.)
4. OHEYS will confirm in advance and in writing directly with CSS and with families, all financial arrangements regarding eligibility for and delivery of camp services.