

# OHEYS Autism Programs

Weekly Programs & Summer Camp

Registered Charity #86117-9083-RR0001

# Be a Volunteer at OHEYS

“Sharing Camp Fun with  
Special Children in our Community”



Contact: Bennetta Benson, Camp Director

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[www.OHEYS.org](http://www.OHEYS.org)

# OHEYS Autism Programs Volunteer Application

Name (print clearly): \_\_\_\_\_ Grade: \_\_\_\_\_

Address: \_\_\_\_\_ P/Code: \_\_\_\_\_

Tel (h): \_\_\_\_\_ (cell) \_\_\_\_\_ email: \_\_\_\_\_

*I can volunteer for the following program weeks/days (check and/or specify):*

- GROUP ADVENTURE NIGHTS (age 14-21)**                      Dates vary, see: <http://www.oheys.org/adventurenights/>
- 1-1 GET TOGETHERS (age 12-21)**                      Dates vary, see: <http://www.oheys.org/1-1-get-togethers/>
- YOUTH POOL GROUP (age 12-21)**                      Saturday early evenings, see: <http://www.oheys.org/teen-pool-group/>
- I would like to receive details about OHEYS Summer Camps and programs when they're available for application**

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- NOTES:**
- (variable hours are possible if you are unable to attend full events/camp days).
  - An orientation/training time for camp will be arranged in June at a local location TBA.
  - Help with equipment set-up & tear down would be great (weekend prior to start date; last camp date).
  - Camp is held at Fort Garry Mennonite Brethren Church, 1771 Pembina Hwy, south Winnipeg

Name of Your School (if applicable): \_\_\_\_\_

Name of School Volunteer Program (if applicable): \_\_\_\_\_

School Course Supervisor's Name (if applicable): \_\_\_\_\_

Please describe any related work or volunteer training & experience you may bring to this position:

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I am interested in volunteering because \_\_\_\_\_

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# OHEYS Autism Programs

## Volunteer Information

### for Summer Camp

(Specifically meeting the needs of children on the autism spectrum ages 10-14)

**Community youth volunteers** are a crucial part of the camp program and perform responsible and meaningful jobs. These include acting as a Station Leader for one or more of the many activities stations, assisting with equipment management (we go through a lot of water balloons!), field trips, photo memory book production, snacks and lunches, and acting as assistant coach in situations where a 2-1 coach-to-child ratio is needed to demonstrate or master skills. It is also a great hands-on opportunity to observe and learn about the challenges faced by children with autism.

OHEYS offers summer camp programs specifically for children with autism. Our camp provides a unique opportunity for 1-1 camp programming within the structure of a group setting. We provide coaches and supervisors with knowledge and training about autism and experience in working with children at a variety of different developmental levels. Our purpose is to provide a meaningful camp experience for each child through advance goal setting and planning with families, offering a variety of activities and programs, and communication daily with families. Our focus is on developing movement skills (throwing, catching, swimming), developing social skills and the ability to form social groups, and developing sport-specific skills such as basketball, baseball, football, floor hockey, handball, etc, all of which can be accommodated within each child's goals.

#### **CAMP OBJECTIVES**

- to provide an affordable weekly summer day camp option to families of children during 5+ hours per day x 5 days (includes light lunch plus post-camp coach communication with families).
- to offer child-adult support to ensure that each child's skill level, language and behaviour can be addressed at all times, in conjunction with their ability to participate in each activity with peers.
- to individualize programming by setting specific measurable goals for each child
- to work on physical skill development with modified sports games and activities.
- to work on social skills through a variety of 1-1, small group and large group activities in order to increase each child's social initiatives and successful social interactions with peers and coaches.

#### **GENERAL CAMP PROGRAM GOALS**

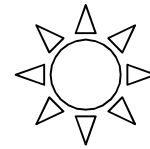
- Social Greetings** (with adults and peers)
- Social Skills Development** (conversation, emotions, reciprocal play)
  - individualized, child-adult, child-peer, child-group
  - specific measurable goals and activity plan set for each child in advance
- Peer Play**
  - work specifically on free-play skills, invitations to play and moving from structured to unstructured
- Creative Work** (crafts, building kits, painting, science centre)
- Physical Skill Development**
  - Indoor skill development with specified equipment
  - basic movement skills (throwing, catching, swimming)
  - sport-specific skills such as basketball, baseball, football, floor hockey, handball, etc.

**Field Trips** - large group trips (by bus) to various locations; small group swim trips to a local private pool

For more information contact: OHEYS Autism Programs - [OHEYSAutismPrograms@gmail.com](mailto:OHEYSAutismPrograms@gmail.com)  
Bennetta Benson Tel: 204-275-1498 61 Linacre Road, Winnipeg, MB R3T 3G7 [www.OHEYS.org](http://www.OHEYS.org)



**Fun at  
Summer  
Camp**



“Congratulations... to OHEYS Autism Programs for being named recipient of the **Mayor’s Volunteer Service Award** for providing physical activity programming for children with autism. Volunteerism is the very foundation of sports delivery in Manitoba.

It is because of organizations such as yours, and the contributions you have made to sport development, that we have a thriving sport delivery system in the province. A strong sport delivery system makes for stronger communities.”

Jeff Hnatiuk, President and CEO  
SPORT MANITOBA